



Date: \_\_\_\_\_

Dear Health Care Provider:

In order to safely provide Therapeutic Riding, our center requests that you complete/update the attached Medical History and Physician's Statement Form. Please note that the following conditions may suggest precautions and contraindications to equine activities. Therefore, **when completing this form**, please note whether these conditions are present, and to what degree.

### **Orthopedic**

Atlantoaxial Instability- Include neurologic symptoms  
Coxarthrosis  
Cranial Deficits  
Heterotopic Ossification/Myositis Ossificans  
Joint Subluxation/dislocation  
Osteoporosis  
Pathologic Fractures  
Spinal Joint Fusion/Fixation  
Spinal Joint Instability/Abnormalities

### **Neurologic**

Hydrocephalus/shunt  
Spina Bifida/Chiari II Malformation/Tethered  
Seizure

### **Other**

Age- under 4 years  
Indwelling Catheter/Medical Equipment  
Medications- e.g., photosensitivity  
Poor endurance  
Skin Breakdown

### **Medical/Psychological**

Allergies  
Animal Abuse  
Cardiac Condition  
Physical/Sexual/Emotional Abuse  
Blood Pressure Control  
Dangerous to Self or Others  
Exacerbations of Medical Conditions  
Fire Settings  
Hemophilia  
Medical Instability  
Migraines  
PVD  
Respiratory Compromise  
Recent Surgeries  
Substance Abuse  
Thought Control Disorders  
Weight Control Disorders

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine assisted activities, please feel free to contact Laura Corsun at High & Mighty Therapeutic Riding and Driving Center, Inc. at 518-672-4202 / [info@high-n-mighty.org](mailto:info@high-n-mighty.org)

## Participant's Medical History & Physician's Statement

Participant: \_\_\_\_\_ DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_  
 Past/Prospective Surgeries: \_\_\_\_\_  
 Medications: \_\_\_\_\_  
 Seizure Type: \_\_\_\_\_ Controlled: Y\_\_ N\_\_ Date of last seizure: \_\_\_\_\_  
 Shunt Present: Y\_\_ N\_\_ Date of last revision: \_\_\_\_\_  
 Special Precautions/Needs \_\_\_\_\_

Mobility: Independent Ambulation Y\_\_ N\_\_ Assisted Ambulation Y\_\_ N\_\_ Wheelchair Y\_\_ N\_\_  
 Braces/Assistive Devices: \_\_\_\_\_  
 For those with Down Syndrome: Neurologic Symptoms of Atlantoaxial Instability: Present\_\_ Absent\_\_  
 AtlantoDens Interval X-rays, date: \_\_\_\_\_ Result: +\_\_ -\_\_

**Please indicate current or past special needs in the following systems/areas, including surgeries:**

|                         | Y | N | Comments |
|-------------------------|---|---|----------|
| Auditory                |   |   |          |
| Visual                  |   |   |          |
| Tactile Sensation       |   |   |          |
| Speech                  |   |   |          |
| Cardiac                 |   |   |          |
| Circulatory             |   |   |          |
| Integumentary/Skin      |   |   |          |
| Immunity                |   |   |          |
| Pulmonary               |   |   |          |
| Neurologic              |   |   |          |
| Muscular                |   |   |          |
| Balance                 |   |   |          |
| Orthopedic              |   |   |          |
| Allergies               |   |   |          |
| Learning Disability     |   |   |          |
| Cognitive               |   |   |          |
| Emotional/Psychological |   |   |          |
| Pain                    |   |   |          |
| Other                   |   |   |          |

In my opinion, this patient can participate in riding/driving and other equine assisted activities under appropriate supervision. In conjunction with the riding program. I concur in the referral of the patient to the staff physical therapist for evaluation and/or treatment of his abilities and/or limitations in performing exercises and in implementing an effective therapeutic riding program. Should direct physical therapy services be warranted, the following modalities may be included: Neuromuscular re-education, neuromuscular facilitation, therapeutic exercises and activities, gross and fine motor coordination, sensory integrative activities, ADL training and balance training.

Name/Title: \_\_\_\_\_ MD DO NP PA Other: \_\_\_\_\_  
 Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_ License UPIN Number \_\_\_\_\_