



High & Mighty Participant COVID-19 Risk Assessment and Survey

To Our Families and Participants,

As you may be aware, High & Mighty is planning a multi-phase approach to resuming programs.

We are taking this reopening very seriously and have everyone's safety (staff, volunteers, participants and their families) at the forefront of our minds. We are entering this new normal with all of the compassion, grace and love that we have always given. Throughout this reopening process, we are committed to maintaining the same sense of community, fellowship and enjoyment that High & Mighty has always offered to our participants and their families. The staff, volunteers and most of all the horses have missed you and are dedicated to providing you with the social, emotional and physical experiences that you have grown to love and enjoy.

The staff at High & Mighty are well aware of the multitude of benefits that our participants receive by participating in program activities. It saddens us that we are unable to invite everyone back at once and offer all of our programs without restrictions. However, in order to maintain safety guidelines throughout our reopening, High & Mighty may be required to make some difficult decisions regarding which of our participants will be able to return to program during Phase I of our Reopening Plan. The following questions will help us to make informed choices for the safety of all involved. Based on the answers given, we may decide that Phase 2 would be more appropriate for some of our participants. Please know that we are doing everything we can to allow for you to return as soon as possible.

We are relying on your self-reporting to be as accurate as possible with the knowledge you have at the time you are filling out the survey. Please fill out the following Risk/Benefit Assessment and Reopening Plan Survey honestly and to the best of your ability and return it to us as soon as possible by email at info@high-n-mighty.org or by mail at 71 County Route 21C, Ghent NY, 12075.

The purpose of these forms is to assess the risk vs. benefit that returning to program would have for our participants and their loved ones as well as to understand the impact that COVID-19 has had on our participants. Your feedback is required so that we can resume our programming as seamlessly and safely as possible. If you would like to discuss any of the following questions or your answers in more detail, please email us at info@high-n-mighty.org.

Thank you for your support throughout this challenging time. The barn doors will soon be open and we look forward to seeing you then!

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Risk Assessment:

Participant Name and Age: _____

1. Are you or your participant(s) at higher risk due to an underlying medical condition?
Yes _____ Comment(s): _____
No _____
2. Are you or your participant(s) at a higher risk due to struggling to maintain social distancing?
Yes _____ Comment(s): _____
No _____
3. Are you or your participant(s) at higher risk because you are unable to wear a mask?
Yes _____ Comment(s): _____
No _____
4. Are you or your participant(s) at higher risk because you touch your face/mouth frequently, drool, or exhibit other behaviors?
Yes _____ Comment(s): _____
No _____
5. Are you or your participant(s) able to disinfect your hands with a topical sanitizer?
Yes _____
No _____
6. Are there others in your household that are at higher risk due to any of the above factors or other factors that are not listed (if yes, please include in comments)?
Yes _____ Comment(s): _____
No _____
7. What level of support do you or your participant(s) require? Please check all that apply.
No Support _____ Leader and 2 Sidewalkers _____
Spotter only _____ Mounting/Dismounting assistance _____
Leader only _____ Grooming/Tacking assistance _____
Leader and Sidewalker _____
8. Have you, your participant(s) or anyone in your household been in close contact with someone who has or has had COVID-19?
Yes _____ Comment(s): _____
No _____
Date(s): _____
9. Do you believe that you, your participant(s) or anyone in your household has had COVID-19? (If yes, please comment with the date you/they were sick, if you/they were tested and the results)
Yes _____ Comment(s): _____
No _____
10. Are you comfortable signing an updated Liability Release Form regarding the impact of COVID-19 before resuming programs?
Yes _____ Comment(s): _____
No _____

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Reopening Plan Survey:

Please answer the following survey questions by checking the answers that apply to you or your participant(s).

1. What program do you or your participant(s) participate in?
Riding _____
Driving _____
Unmounted/Barn _____
2. Have you seen a decline in your or your participant(s) physical strength since High & Mighty's closure?
Significant decline _____ Small decline _____
Moderate decline _____ No decline _____
3. How concerned are you about the possibility of being exposed to COVID-19 by participating in programs at High & Mighty?
Very concerned _____ Somewhat concerned _____
Moderately concerned _____ Not concerned at all _____
4. Will your concern keep you from wanting to participate in programs at this time?
Yes _____
No _____
5. If you are unable to participate in Phase I of our reopening, would you be interested in the potential for virtual offerings?
Yes _____
No _____
6. If you or your participant(s) require the support of a sidewalker, household members can be trained to sidewalk. This would greatly reduce exposure for our volunteers and may enable you/your participant(s) to begin program activities sooner. Would a household member be interested in becoming trained?
Yes _____
No _____
7. We understand that COVID-19 has had a financial impact on many households. If your financial situation has changed, what is the likelihood that you will need financial assistance through High & Mighty?
I/my participant(s) already receive financial assistance _____
I/my participant(s) will not be able to participate unless provided assistance _____
I/my participant(s) have a third party paying for my lessons _____
I/my participant(s) will not need financial assistance _____
8. Prior to arriving at the farm for lessons, all participants and guests will be asked to answer a short list of screening questions to ensure their health. Does answering screening questions affect your willingness to participate?
Yes _____
No _____

9. Instructors and volunteers will be wearing masks during some/all of you or your participant(s) program activities. Will this affect your willingness to participate?
Yes _____
No _____
10. Would it be possible for you and/or your participant(s) to wear a mask while attending programs at High & Mighty?
Yes _____
No _____
Unsure _____
11. Would it be difficult for you or your participant(s) to obtain a mask to wear during program activities if it were necessary?
Yes _____
No _____
12. What have you or your participant(s) missed most about High & Mighty throughout our closure?

Please provide us with any additional thoughts, comments or concerns regarding your return to program and/or our multi-phased reopening plan. If you have questions regarding our plan please do not hesitate to reach out. Our primary goal throughout this reopening is to maintain the safety and wellbeing of our staff, volunteers, participants and their families.