



High & Mighty Reopening Plan

High & Mighty Therapeutic Riding and Driving, Inc. will begin offering participant programming using a phased approach. This Reopening Plan has been developed by taking New York State, Federal and PATH Intl. guidelines into consideration. The following document lists High & Mighty's new procedures and policies in response to COVID-19 as well as our phase and what each will entail. This plan will be updated if/when needed in regard to a change in best practice protocols. These re-opening phases will only be put into effect when it is deemed acceptable by Federal, State and Local regulations. Your cooperation with these new guidelines is of utmost importance. We are committed to maintaining a safe environment for all involved while also offering the same sense of community, fellowship and enjoyment that High & Mighty has always offered to our participants, volunteers and their families. If there is anything that we can do to make this process easier for you or you have any questions at all, please reach out to us at info@high-n-mighty.org or 518-672-4202.

High & Mighty Planning Phase: Effective as of May 25th

- Risk Assessments and COVID-19 Surveys will be sent out to Participants and Volunteers
 - Based on these forms, we will choose which participants/volunteers can and should return to the premises
- **Essential Barn Staff**
 - Those who have been reporting to work throughout the closure will continue with all current social distancing, PPE and disinfecting guidelines as well as adapt to updated procedures/policies as indicated in this document.
- **Non-essential Staff**
 - Those who have been working from home will be able to return to the farm
- **Volunteers**
 - Prior to returning to program, all volunteers will be required to fill out a COVID-19 Risk Assessment and Survey and sign an updated Liability Release Form.
 - Once these have been received/reviewed, a volunteer schedule will be created and volunteers who are approved will be invited to return to the farm.
 - Prior to arrival, all volunteers will be asked to review High & Mighty's Health Screening Questions. If 'yes' is answered to any question, they must notify High & Mighty immediately and not report to the farm.

- Initially volunteers will assist with:
 - Getting horses back into regular work
 - Grooming, exercise riding, mock lessons, saddle/equipment fitting, exposure to trails, obstacles, games, etc.
 - Outdoor farm maintenance
 - Cleaning fields, clearing trails, etc.
- Volunteer hours will no longer be logged via our Volunteer Sign-In book. Please visit our website and log your hours under the 'Volunteer' tab.
- Volunteer need for program activities will be determined once participants have been chosen.
- A new volunteer schedule will be created for Phase 1 of our reopening.
- **Program:**
 - Prior to returning to program, all participants will be required to fill out a COVID-19 Risk Assessment and Survey as well as sign an updated Liability Release Form.
 - Once these have been received, we will determine which participants will be cleared to return and contact them regarding scheduling.
 - A schedule will be created based on Phase 1 guidelines.
 - Participants will be invited back when we are ready to move forward with Phase 1.
- **Facility Set Up**
 - Create/post Activity Map to help participants/volunteers know where they can and cannot be on the premises
 - Create/post signs that there will be no access to the viewing room or classroom.
 - Create/post signs for where spectators can watch.
 - Create/post cleaning/disinfecting logs. Assign a staff member/volunteer to maintain logs.
 - Indicate entrance/exits with signs/markers/tape/etc.
 - Mark waiting and seating areas with six foot markers to aid in maintaining social distancing.
 - Set up a supply table for hand sanitizer, masks, wipes, etc.
 - Disinfect the facility and set up cleaning stations in the barn, arena and at activity sites for continued disinfecting.
- Staff and Volunteers will be trained in the new protocols and procedures for participant arrival, disinfecting, etc.
 - Emergency protocols
 - Facility protocols
 - PPE protocols
 - Screening protocols
 - Disinfecting protocols

High & Mighty Reopening Phase 1: Start Date To-Be-Determined

- First group of participants will include:
 - Those who are at lower risk, require limited volunteer support or support via household members only
- Program activities will be chosen based on those that are easiest to allow for social distancing.
 - Our Driving Program will be temporarily suspended due to the close contact needed by instructor/participant
 - Our Unmounted Program will only be available to those who can maintain social distancing independently or can use the support of a household member
- Facilities
 - The Viewing Room and Classroom will be closed until further notice.
 - The barn will be open to staff only. Volunteers, participants and their families/guardians will only have access to the restroom.
 - There will be separate entrances and exits through the barn to use the restroom, these will be clearly posted.
 - Those who need assistance
 - Individuals will be required to wipe down bathroom after use
 - Disinfecting will occur
 - Once daily for the entire facility
 - As needed for high traffic areas, doorknobs/handles, railings, crossties, etc.
- Grooming/Tacking
 - Grooming/tacking may not be possible for participants during the phase. It will be determined on a case by case basis.
 - The tack room will be open to staff only. It is closed to all others until further notice.
 - Only one staff member is allowed in the tack room at any given time
 - There will be no grooming/tacking done in the barn
 - Grooming/tacking stations will be set up in the arena and at outside locations
- Lesson Size:
 - Lessons will be private or small groups of those that live in the same household.
 - There will be no mixed group lessons until further notice.
- Lesson Time:
 - Times will be staggered to minimize the number of visitors on the premises as well as allow for proper disinfecting between classes.
- Arriving at the Farm:
 - Before arriving, we ask that all visitors review the High & Mighty Health Screening Questions. If you answer 'yes' to any question, we ask that you contact us immediately and not come to the farm that day.
 - It will be at the discretion of High & Mighty to decide when an individual is cleared to return after answering 'yes' to a question.

- Spectators
 - Will be limited to 2 per participant.
 - There will be no seating provided. Visitors will be required to bring their own folding chairs.
 - All guests must watch classes from clearly posted seating areas or wait in their vehicles.
- Helmets:
 - Participants will be encouraged to purchase their own helmets, but ours will still be available in limited quantity and disinfected after each use.
 - It is suggested that participants wear a thin head covering between their hair and the helmet (such as a bandana) given the frequency of disinfecting.
- Disinfecting of equipment
 - Will occur following each lesson and/or prior to the equipment being used in another lesson.
 - This includes, but is not limited to: saddles, handholds, bridles, saddle pads, girths, reins, grooming tools, halters/lead ropes, arena games, etc.
 - If topical disinfecting is not appropriate (such as with some saddle pads) these items will be placed to the side and washed appropriately before reuse.
- Social distancing/PPE Requirements
 - Social distancing guidelines will be in effect.
 - These guidelines require that there be 6 feet between individuals not of the same household. If this is not possible, a face covering must be worn.
 - Visitors/participants who are able will be asked to wear a facemask if social distancing is not possible (we understand that not all of our participants will be able to wear a facemask, this decision will be made on a case by case basis)
 - Inability to wear a facemask may limit a participant's involvement in Phase 1 of our reopening.
 - Staff and volunteers will wear masks for some/all of program activities when social distancing is not possible (mounting/dismounting, horse handling, side walking, tack checks, etc.)
- Virtual resources may still be available to those participants who are not yet able to return.
 - This may be in the form of written materials and/or videos
- Prior to Phase 2:
 - Phase 2 will not go into effect until we are comfortable with Phase 1 and Federal/State/Local guidelines allow us to move forward.
 - We will evaluate policies/procedures /protocols for any changes/adaptations that need to be made
 - This includes lesson sizes, social distancing, PPE, facility use, etc.
 - We will contact volunteers and participants who were unable to return during Phase 1 for scheduling requirements
 - We will create updated Phase 2 lesson and volunteer schedules

High & Mighty Reopening Phase 2: Start Date To-Be-Determined

- Phase 2 will only go into effect when State/Federal/Local guidelines permit a return to business as usual.
- Any changes in prior policies/procedures/protocols will go into effect.
- All participants and volunteers will be allowed to return to program activities.
- Program activities will resume in full capacity (Driving Program and Unmounted Programs can resume)
 - There may be some changes made based on current protocols
- Communication:
 - Current volunteers/participants will be updated on any changes in policies/procedures
 - Returning participants will be informed about new policies/procedures
- Small group lessons will be allowed with movement toward allowing large groups to resume.
- Social distancing, PPE, cleaning/disinfecting protocols may remain in effect as indicated by Federal/State/Local guidelines and the CDC/DOH.

Procedures/Protocols Required by the NYS Department of Health:

- Physical Distancing
 - A 6 foot distance will be kept between individuals whenever possible. If maintaining this distance is not possible, face coverings must be worn.
 - Tightly confined spaces may be occupied by only one person at a time. (Tack room, feed room, etc.)
 - Social distancing markers will be posted in applicable areas.
 - In-person gatherings will be limited as much as possible.
- Protective Equipment
 - Face coverings:
 - Staff/Volunteers are required to bring/use your own face covering, however, if you are unable to obtain one High & Mighty will provide you with one.
 - Participants/Guests are required to bring/use their own facemasks.
 - Individuals are responsible for cleaning/replacing their facemasks. When not in use, they should be stored safely on your person or in your vehicle.
 - Sharing objects (grooming tools, tack, etc.) will be limited and the touching of shared surfaces is discouraged. Individuals will sanitize or wash hands after coming into contact with shared objects or surfaces.
- Hygiene and Cleaning
 - Regular cleaning/disinfection of the facility will occur daily or more frequently if needed. More frequent cleaning of shared objects/surfaces and restrooms/common areas will occur.
 - We will adhere to the hygiene/sanitation requirements as outlined by the CDC and DOH (EPA-registered household disinfectant- follow instructions, diluted bleach

where safe, alcohol-based solutions) as well as maintain cleaning logs on site that document date, time and type of cleaning.

- Hygiene stations will be provided/maintained for Staff/Volunteers/Guests. These will include hand washing or alcohol-based hand sanitizer where hand washing is not available.
 - Will be located in the barn, at mounting/dismounting areas, etc.
- Communication
 - Our Reopening Plan will be shared with all staff, participants, volunteers and any other pertinent visitors to the facility prior to going into effect.
 - It will be initially be emailed and ultimately available on our website
 - Any changes/adaptions will be shared as soon as possible.
 - There will be signage posted throughout the facility to remind staff/volunteers/participants/visitors of the hygiene, social distancing, PPE and cleaning protocols.
 - We will maintain a log of those who come to the farm.
 - This will be done via staff
 - If an individual tests positive for COVID-19, High & Mighty (specifically the Executive Director) will immediately notify state and local health departments as well as those who may have been in contact with them.
- Screening
 - Mandatory Health Screening Questions will be answered by Staff/Volunteers prior to reporting to the farm. If 'yes' is answered to any of the questions, the individual will notify High & Mighty immediately and not report to the farm.
 - Mandatory Health Screening Questions will be answered by Participants/Guests prior to arrival on the farm. If 'yes' is answered to any question, High & Mighty will be notified and/or the participants/guests will be asked to stay home or leave the premises until further notice.
- Contact tracing and disinfection
 - In the event of a positive case on the premises, we will aggressively disinfect the entire facility as indicated by the CDC/DOH guidelines and using products identified as effective against COVID-19.